



Physiotherapy

Pilates

Bodyflow

Sporting Injury Specialists

Massage

North Adelaide Medical Centre

Suite 21, Second Floor

183 Tynte Street

North Adelaide SA 5006

[w: prevent.net.au](http://w:prevent.net.au)



physiotoprevent

Athlete Physical Screening

- Physical screening assessment and report
- Bike and running video analysis
- Injury prevention programs
- BikeFit dynamic assessment
- Advanced hands-on treatment
- Pilates rehab & prehab classes
- Bodyflow® advanced athlete recovery*

We care for many athletes including triathletes, ironmen & ironwomen, ultrarunners, runners, cyclists, rowers, swimmers, footballers, basketballers, netballers, gym junkies, race walkers and more

Call for an appointment on 8361 8182

*Authorised Bodyflow Clinic