

prevent

PHYSIOTHERAPY
& WELLNESS CLINIC

Group Pilates

Term booking (10 weeks) \$300

Casual booking \$35 per class

Maximum 4 participants per class

One-on-one class \$75

Private health rebates available

Alternative times available upon request



AM	Monday	Tuesday	Wednesday	Thursday	Friday
7:45		Alan	Alan	Daniela	Matt
8:30		Alan		Daniela	
9:15				Daniela	
10:00				Daniela	
10:45				Daniela	
PM					
2:00		Daniela		Alan	
2:45		Daniela			
3:30		Daniela			
4:30		Daniela			
5:15		Daniela			
6:00		Daniela			

**NEW TERM COMMENCES MONDAY 27TH APRIL
BOOK NOW TO SECURE YOUR PREFERRED TIME**