

prevent



Physiotherapy
Ergonomics
Workplace Health
Bodyflow®
Pilates | Massage

Dance Physiotherapy

- Pointe Assessments
- Physical Screening Assessments
- Injury Prevention Programs
- Advanced Hands-on Treatment
- Pilates Rehab & Prehab Classes
- Bodyflow® Advanced Athlete Recovery*

We have years of experience caring for London West End Performers, circus, gymnasts and ballet dancers and are dedicated to keeping people doing what they love most....

**Call for an appointment on
8361 8182**

North Adelaide Medical Centre
Second Floor, 183 Tynite Street, North Adelaide 5006

*Authorised Bodyflow Clinic



T | 8361 8182
F | 8361 8185
W | www.prevent.net.au
f | [physiotoprevent](#)